

Executive Director Report

small hands,
BIG RESULTS




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EXECUTIVE DIRECTOR



A Message from the ED



 The American Dental Association (ADA) recognizes February as National Children's Dental Health Month, an observance that dates back over 30 years. The driving message behind this observance according to ADA, is that "attitudes and habits established at an early age are critical in maintaining good oral health throughout life".

Based on research discovered from Center for Oral Health (COH), the belief of changing attitudes and habits about oral health at an early age is critical in our region. Almost half of the parents of children ages 0-3 between San Bernardino County and Riverside County thought their child wasn't old enough for a dental visit. These findings and other significant results can be found in COH's Status of Oral Health in the Inland Empire, 2016-2017 report and is also highlighted in our Local Outcomes Report.

While parents may not know to take their child to the dentist in their early years, finding pediatric dental care is an additional barrier to quality oral health that our children face. There is only one pediatric dentist for every 27,547 children in San Bernardino County according to a 2015 report from Center for Oral Health. First 5 Riverside and First 5 San Bernardino partnered to apply for a \$12,114,979 grant offered by the California Department of Health Services for a four year project to address gaps in oral health services for children. They were informed that they were successful in receiving the funding on November 21, 2017 with a start date of January 1st, 2018.

Two strategies that were developed out of the grant include a Virtual Dental Home (VDH) and the Early Childhood Oral Health Assessment (ECHOA). A Virtual Dental Home will allow oral health services to be accessible in the community where children are already present, including preschools, day cares, WIC offices, and other



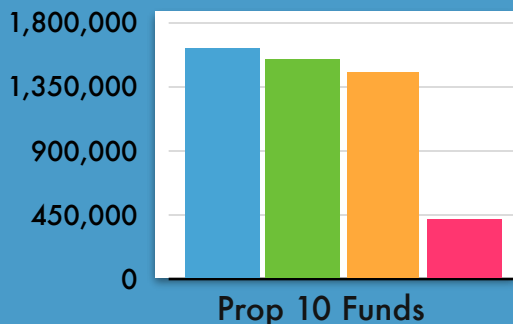
February
2018

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Updates

Fiscal Update

F5SB received Prop 10 funds in the amount of \$417,189 in the month of December. This revenue funds First 5 San Bernardino programs and services.

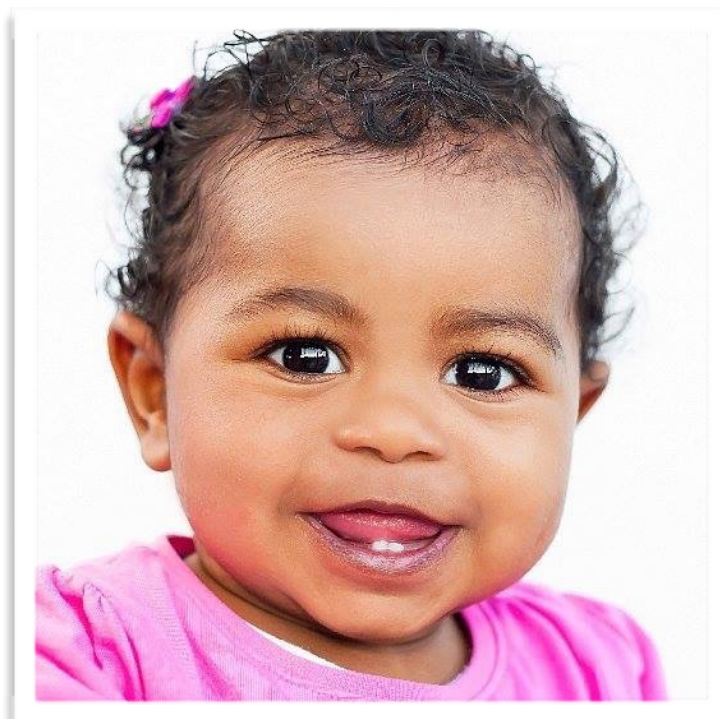


- September - \$1,614,552
- October - \$1,541,251
- November - \$1,455,387
- December - \$417,189

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February Is National Children's Dental Health Month



Brush up on healthy smiles with these best practices for children's oral health.

Good Habits Start at Home

Be an example for your child by brushing twice a day with fluoride toothpaste, flossing daily, and keeping regular appointments with a dentist.

Keep Baby's Mouth Clean

While your child is in infant stages, clean the baby's gums with a soft cloth or gauze after feeding. Check daily for dark spots that may indicate tooth decay or cavities.

Baby's First Dental Check-Up

Before your child is one year of age, take your child to the dentist. Dentists will make sure your child's teeth are on track to grow in healthy and strong. If teeth are present, brush the teeth with a "smear" of fluoride toothpaste.

Taking Care of Toddler Teeth

By the age of two, brush your toddler's teeth with a "pea-sized" amount of fluoride toothpaste. Also, floss the teeth that touch in your child's mouth. Providing milk or water for drinks, and fruits and vegetables for snacks will help

Oral Health Action Coalition Inland Empire



Join a network of oral health professionals and stakeholders interested in improving oral health outcomes in the Inland Empire. To learn more e-mail: info@tc4oh.org or visit www.oralhealth.network

First 5 California Visits Head Start Locations in Fontana & Rialto



First 5 California Express made a tour stop at Fontana Citrus Head Start on January 29, 2018 to visit local preschoolers and participate in a Health Fair. Children received giveaways and were able to play with the interactive First 5 California Mobile Express displays that encourage children and families to talk, read, and sing. Following their Fontana stop, they visited Rialto's Eucalyptus Head Start location on January 30th, 2018.



The First 5 Express is a bilingual children's activity center that travels across California to inspire families to understand the importance of a child's earliest years and the positive impact they can have on brain development through talking, reading, and singing.

For more information about First 5 California Mobile Express and future tour stops, visit first5california.com.

San Bernardino County Human Services Video Highlights Career Online High School



County of San Bernardino Human Services launched a campaign called **#EmpowerSBC**, which features stories of how various county programs and services are impacting the lives of residents who are living near or in poverty. One of the videos in the series focuses on the Career Online High School program funded in part by First 5 San Bernardino along with San Bernardino County Preschool Services Department and County of San Bernardino Library.

The Career Online High School program allows parents with children to obtain their High School Diploma online while their children are in preschool. Stevie Reed, a Crestline resident and mother of two, participated in the program while her youngest daughter was in the local Head Start program. Reed shared her story about how impactful the program was to her life as she works on her career path to become a teacher. The video also features San Bernardino County Preschool Services Program Specialist Patricia Reese. To see the video, visit Human Services on Facebook at <https://www.facebook.com/SBCountyHumanServices>.

locations. The model behind this “shelf-ready” concept comes from Dr. Paul Glassman of the University of the Pacific and is supported by five strategy partners and 11 service providers across both counties. This strategy alone is expected to serve 15,800 kids ages 0-19. Early Childhood Oral Health Assessment is an application that allows technology to be used for parents, teachers, and community health workers to assess oral health risk factors in children and ensure that they are delivered to a dental home. The app strategy is expected to serve 83,325 children.

The goals of these strategies are to reduce caries (risk) in children, increase preventative care rather than restorative care billed through Denti-Cal, and to establish continuity for children so



they can connect to a dental home for ongoing regular oral health care. In addition to the Local Dental Pilot Project, First 5 San Bernardino has been a part of the Oral Health Action Coalition-Inland Empire since November 2014. The coalition is led by Center for Oral Health and was started in a joint effort with Kaiser

Permanente to organize local resources. The coalition seeks to increase access to oral health and improve health outcomes for Inland Empire residents. More than 30 organizations and stakeholders in the coalition convene regularly to discuss programs and policies that impact oral health service delivery in the region. If you are a stakeholder or organization that is concerned with the oral health outcomes in the region, connect with the coalition using the information located on Page 2 of this report.

Interest List for First 5 San Bernardino AmeriCorps Coach Positions Now Open!



For individuals who are interested in getting recruitment announcements for AmeriCorps Volunteer positions as a Parent or Preschool Coach with First 5 San Bernardino can now sign up on our open interest list at www.first5americorps.com.

AmeriCorps members receive a monthly living allowance and other benefits for their time supporting families and organizations with the Nurturing Parenting Program or by working at local preschool sites as an early literacy coach.

Positions with First 5 San Bernardino AmeriCorps are available based on a grant with Prevent Child Abuse California. To learn more about First 5 AmeriCorps and their activities in San Bernardino County, visit www.first5americorps.com.

