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## Minutes: Children and Families Commission Meeting

735 East Carnegie Drive, Suite 150, San Bernardino, California 92408

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**Meeting Date,  
Time and  
Location**      Commission Meeting  
February 7, 2018 - 3:43 p.m.  
First 5 San Bernardino

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**Pledge of  
Allegiance**      The Pledge of Allegiance was led by Chair Ohikhuare

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**SPECIAL  
PRESENTATION**      None

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**Conflict of  
Interest  
Disclosure**      Commission members shall review agenda item contractors, subcontractors, and agents, which may require member abstentions due to conflict of interest and financial interests.  
  
A Commission member with conflicts of interests shall state their conflict under the appropriate item. A Commission member may not participate in or influence the decision on a contract for which their abstention has been recorded.

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**Attendees**      **Commissioners Present**

- Alan Garrett
- Maxwell Ohikhuare, M.D.
- James Ramos
- CaSonya Thomas
- Paul Vargas
- Elliot Weinstein, M.D.

**Staff Present**

- Karen Scott, Executive Director
- Scott McGrath, Supervisor
- Mary Jaquish, Supervisor
- Debora Dickerson-Sims, Administrative Supervisor II
- Ann Calkins, Executive Assistant
- Staci Scranton, Supervising Office Assistant
- Sophie Akins, Commission Counsel
- Amanda Ferguson, Staff Analyst II
- Will Kariuki, Staff Analyst II

**Changes to the  
Agenda**

Agenda Item 2 – Presenter changed to Scott McGrath, Evaluations Supervisor

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**Report –  
Advisory  
Committee**

Chair Ohikhuare announced the next meeting of the Advisory Committee is scheduled for February 22, 2018 at 11:30 a.m. at First 5.

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**Report –  
Executive  
Director,  
Karen Scott**

February is National Children’s Dental Health Month. Check out the Dental Transformation Initiative article created for my message this month by Scott McGrath and Leslie Fountain.

Related to our regional DTI project, we lost the program manager and the development of the “app” for use in the Virtual Dental Homes will take longer than anticipated. First 5 Riverside (F5R) and First 5 San Bernardino (F5SB) have contacted the State to bring them up to speed on our events and are working feverishly to revamp our approach and ensure success with our project. More information to come as it develops.

**Save the Date**

March 7, 2018 – Systems Briefing and Pre-Budget Workshop

Here at F5SB from 1 pm – 3:15 pm. The new Statewide First 5 Network Strategy will be unveiled and we will discuss important pre-budget preparation. The regular Commission meeting will begin at 3:30 p.m. with some important requests for approval including our proposed F5SB staff structure reorganization.

**Save the Date**

April 10–12, 2018 - Child Health, Education and Care Summit

First 5 California is hosting their 3<sup>rd</sup> Child Health, Education, and Care Summit. This year it will be held in Glendale, CA.

First 5 California’s 2018 Summit theme is “California – Leading the Way for Children” and represents the natural evolution of this statewide event – from building partnerships and promoting collective impact, to providing leadership around critical programs and investments designed to benefit young children. The Summit provides the perfect forum for the spectrum of early childhood stakeholders to learn from, collaborate with, and empower one another.

First 5 CA is offering a Pre-Summit Conference for Commissioners on April 10<sup>th</sup>. Please save the date and plan to attend to represent F5SB, to network and share with other Commissioner colleagues throughout the State and to discuss the new First 5 Network Strategy. A full agenda is forthcoming.

**Save the Date**

May 2, 2018 - First 5 Advocacy Day and 20th Anniversary Celebration.

In Sacramento on the Capitol Lawn East from 11 am – 1pm. Executive Directors have been asked to spread the word and invite our commissioners, our grantees, our collaborative partners and staff. More information is forthcoming.

### Home Visiting Programs

Home Visiting is a top policy priority for First 5 and will be discussed at length this year. There is a lot being proposed related to HV initiatives such as:

AB 992 – the CalWORKs: Baby Wellness and Family Support Home Visiting Program which would establish the Program that would require the State Department of Social Services to allocate funds to counties for the purpose of implementing or contracting with specified early home visiting programs to provide voluntary home visiting programs and would authorize the funds to be used to coordinate early home visiting services with, among others, child education and development programs.

The only HV program that the First 5 SB Commission is currently funding is through our contract with the States' Child Abuse Prevention Center utilizing AmeriCorps members.

### The top 5 reasons for supporting Home Visitation programs are:

1. **MOMS AND BABIES ARE HEALTHIER.** During and after pregnancy, home visiting programs promote maternal health by helping mothers schedule regular doctor's visits, improve diets, reduce stress levels, and quit smoking or substance abuse. Babies benefit as well. One study found that mothers who participated in a home visiting program were half as likely to have a baby born low-birthweight, which greatly reduced these babies risk for health and developmental problems.
2. **CHILDREN ARE BETTER PREPARED FOR SCHOOL.** Home visiting programs promote positive parenting practices that help parents better prepare their children for school. Parents enrolled in home visiting programs are more likely to have a safe play environment at home, provide age-appropriate books, and engage children in structured teaching activities. Home visiting programs have also demonstrated long-term, positive impacts on children's academic achievement.
3. **CHILDREN ARE SAFER.** Home visiting programs are associated with reduced rates of child maltreatment and injuries.<sup>7</sup> In one program, children of participating families experienced 40 percent fewer injuries between the ages of two to four, and they were 35 percent less likely to visit an emergency room compared to children not enrolled. Mothers who participate in home visits also have lower stress levels and increased sensitivity during interactions with their children.
4. **FAMILIES ARE MORE SELF-SUFFICIENT.** Mothers with higher levels of education work more hours, have higher family income levels, and provide more cognitively stimulating home environments for their children. Participating in a home visiting program leads to higher rates of enrollment and more hours spent in educational or training programs.
5. **HOME VISITING PROGRAMS SAVE MONEY.** The short- and long-term benefits of home visiting programs largely outweigh the overall costs incurred from implementation. RAND found that high-fidelity home visiting programs for at-risk families have a \$5.70 return for every tax dollar spent from reduced spending for health care and welfare services. Another study of a home visiting program in Durham, North Carolina reported saving \$3.00 for every \$1.00 spent on the program during an infant's first six months due to reduced emergency care visits.

Home Visitation programs also employ a highly-skilled early childhood workforce, model positive and language-rich relationships; and ensure families are connected to medical, dental, mental-health and other supports.

Today, as of 1:05 p.m., the federal government authorized funding of the Maternal, Infant and Early Childhood Home Visiting (MIECHV) federal program.

On January 22nd of this year, Commissions were notified that the CA Home Visiting Program (CHVP) is conducting an environmental scan of California's home visiting programs by surveying Maternal Child and Adolescent Health (MCAH) Directors about funding sources and program models. The results will be used to help to inform MCAH planning to expand HV programs across CA. The survey requests that MCAH programs ask their First 5s for relevant information, which we will provide.

The information collected will be compiled in an internal report for the CA Department of Public Health, Home Visiting Program.

**December 2017 – Prop 10 Revenue Transfers**  
 Document provided to Commissioners.

**2-1-1 Report**

At the December meeting, several Commissioners had questions regarding our practice of reporting 2-1-1 contract outcomes that reflect the true impact of the Commission's investment. This subject will require some illustration and an opportunity for discussion and input by you. This quarter's 2-1-1 report will be included on our agenda at the March 7<sup>th</sup> workshop.

**Consent**

Motion by Commissioner Weinstein and seconded by Commissioner Vargas to approve Consent Items. With Commissioner Hill absent and without further comment or objection, motion carried by unanimous vote.

Item No.	CONSENT
1	Approve Minutes of December 20, 2017 Commission Meeting. (Presenter: Ann M. Calkins, Executive Assistant, 252-4252)

Item No.	DISCUSSION
2	<p>A. Ratify letter of intent and application submitted to the California Department of Education (CDE) to continue participation in the Infant Toddler Quality Improvement Rating System (I/T QRIS).</p> <p>B. Authorize First 5 San Bernardino (F5SB) to enter into a contract with CDE upon approval of the Infant Toddler application in the amount of \$418,475 for Fiscal Year 2017 – 2018 to support the local QRIS.                      Presenter: Scott McGrath, Supervisor, 252-4259)</p> <p><b><u>Discussion</u></b>                      None</p> <p><b><u>Public Comment</u></b>                      None</p> <p>Motion made by Commissioner Ramos and seconded by Commissioner Weinstein to approve Item 2. With Commissioner Hill absent and without further comment or objection, motion carried by unanimous vote.</p>

3	<p>Approve Amendment No. 1 to Contract 3-CM-PSB-FSB-17-18 with Prevent Child Abuse California (PCA-CA) for an increase of \$3,861 for a total contract amount of \$59,861 for Fiscal Year 2017-2018 for the Home-Visitation (PATH) Program.                  (Presenter: Staci Scranton, Supervising Office Assistant, 252-4282)</p> <p><b><u>Discussion</u></b>                  None</p> <p><b><u>Public Comment</u></b>                  None</p> <p>Motion made by Commissioner Garrett and seconded by Commissioner Vargas to approve Item 3. With Commissioner Hill absent and without further comment or objection, motion carried by unanimous vote.</p>
4	<p>Elect Chair and Vice-Chair for the Children and Families Commission for San Bernardino County.                  (Presenter: Karen E. Scott, Executive Director, 252-4252)</p> <p>Ms. Scott asked for nominations from the floor for the position of Commission Chair. Commissioner Garrett nominated Dr. Ohikhuare. Dr. Ohikhuare accepted the nomination.</p> <p>Hearing none further, nominations closed for the position of Commission Chair. With Commissioner Hill absent, and without further comment or objection, commission members unanimously voted in favor of Dr. Ohikhuare to remain as Commission Chair.</p> <p>Ms. Scott asked for nominations from the floor for the position of Commission Vice Chair. Commissioner Vargas nominated Dr. Weinstein. Dr. Weinstein accepted the nomination.</p> <p>Hearing none further, nominations closed for the position of Commission Vice Chair. With Commissioner Hill absent, and without further comment or objection, commission members unanimously voted in favor of Dr. Weinstein to remain as Commission Vice Chair.</p>
5	<p>Elect Chair for the First 5 San Bernardino Advisory Committee.                  (Presenter: Karen E. Scott, Executive Director, 252-4252)</p> <p>Ms. Scott asked for nominations from the floor for the position of Advisory Committee Chair. Dr. Ohikhuare nominated Alan Garrett. Commissioner Garrett accepted the nomination.</p> <p>Hearing none further, nominations closed for the position of Advisory Committee Chair. With Commissioner Hill absent, and without further comment or objection, commission members unanimously voted in favor of Commissioner Garrett to serve as the new Advisory Committee Chair.</p>

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Item No.	INFORMATION
6	Receive information on Local Outcomes Report for Fiscal Year 2016-2017. (Presenter: Scott McGrath, Supervisor, 252-4259)

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**Public Comment** Persons wishing to address the Commission will be given up to three minutes and pursuant to Government Code 54954.2(a)(2) “no action or discussion will be undertaken by the Commission on any item NOT on the agenda.”

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**Commissioner Roundtable** Commissioner Thomas thanked Executive Director Karen Scott for acknowledging San Bernardino County Human Services (HS) recent poverty symposium held in recognition of Poverty Awareness Month in January. HS collaborated with San Bernardino Catholic Diocese, Catholic Charities, and others.

Ms. Thomas also thanked Ms. Scott for mentioning the “#EmpowerSBC” campaign in Ms. Scott’s Executive Director’s report. This campaign launched by HS features over 30 videos of how various County programs and services impacts the lives of residents who are living near or in poverty. One of the videos focuses on the Career Online High School program funded in part by F5SB along with Preschool Services and the County Library.

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**Adjournment** Motion to adjourn by Commissioner Vargas and seconded by Commissioner Weinstein. With Commissioner Hill absent and without further comment or objection, motion carried by unanimous vote. Chair Ohikhuare adjourned the meeting at 4:27 p.m.

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**Next meeting at  
First 5 San  
Bernardino**

**Wednesday, March 7, 2018  
Systems Briefing and Pre-Budget Workshop  
1:00 p.m. to 3:15 p.m.**

**Commission Meeting  
3:30 p.m. to 5:00 p.m.**

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**Attest**

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Maxwell Ohikhuare, M.D., Chair

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Ann M. Calkins, Commission Clerk

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