

## **Family Supports Initiative Overview**

First 5 San Bernardino (F5SB) is interested in investing in a Family Supports Initiative (FSI) in alignment with the 2023-2028 Strategic Plan. This investment also aligns with the First 5 San Bernardino's Mission, North Star, and Guiding Principles. [Strategic Plan 2023-2028](#)

With data collected and analyzed, F5SB can recommend investments specific to the needs of children and their families from a system building perspective. This has guided not only the revision of the F5SB Strategic Plan but also development of the initiative to assist families and communities in being engaged, supported, and strengthened through culturally effective resources and opportunities that assist them in nurturing, caring, and providing for their children's success and well-being.

## **Strategic Priority Area**

What guides F5SB investments and initiatives are common strategies that will be used to support the work towards each objective across the Strategic Priority Areas. The following strategies enhance the strategic framework by providing direction on how an objective may be achieved. Multiple strategies may be employed within objectives or initiatives.

- Connecting families to existing county resources, supports and services
- Promoting community knowledge
- Prevention, screening and early intervention
- Provision of resources
- Partnership

## **Funding Purpose**

First 5 San Bernardino (F5SB) Commission seeks to invest in Family Support Initiative services aimed at promoting improved parenting and family self-sufficiency outcomes for parents and long-term safety and healthy developmental outcomes for children 0-5 in San Bernardino County. In the area of Family Supports, the greatest positive gains for families were attained from family support centers and providers.

Throughout San Bernardino County, there are many organizations that provide services to clients, children 0-5 population, and their families. The purpose of this funding is to support and strengthen the family supports system so there is efficient access and navigation of services for families to ultimately improve outcomes for young children.

## **The Family Supports Initiative: Goal and Objectives**

In alignment with the F5SB Strategic Plan the goals and objectives of the Family Supports Initiative are as follows:

Goal:

Families are strengthened through resources and opportunities that support them in nurturing, caring and providing for their children's well-being, and represent the desired conditions for all children and families in San Bernardino County.

**Objectives:**

The following objectives specify how First 5 San Bernardino will focus its efforts within the Family Supports Strategic Priority Area (SPA):

- Families are connected to services that support children’s development and parent/caregiver resiliency.
- Families are connected to resources that support their caregiving skills and social/family engagement.
- Families and providers are aware of and know how to access existing county resources and supports.
- First 5 San Bernardino partners with agencies throughout the county to promote prevention and early identification of child abuse and neglect.

All interested in applying for this funding opportunity should demonstrate how they will address one or more of the goals and objectives listed above and by including the FSI desired practices below.

<b>Family Supports Initiative (FSI) Desired Practices</b>
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| <p><b>Screening</b> - self-reporting client or received client through a referral</p> <p><b>Assessing</b> – evaluate service opportunities</p> <p><b>Evaluating Risk</b> – evaluating a client’s potential household and/or family risk</p> <p><b>Planning</b> – develop a road map for services</p> <p><b>Implementing</b> – executing or coordinating the plan</p> <p><b>Follow-up</b> – ensuring the plan and road map works and is effective</p> <p><b>Transitioning</b> – coordinating the next step</p> <p><b>Communicating post-transition</b> – communication with the client, support system, and others</p> <p><b>Evaluating Results</b> – reviewing the entire client’s case to ensure success</p> |
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All interested applicants should also demonstrate how services are utilized with an emphasis on addressing the five protective factors to enhance services. Priority consideration will be given to proposers that address other additional First 5 SPA as applicable. [Strategic Plan 2023-2028](#)

**The Five Protective Factors**

The Five Protective Factors are the foundation of the strengthening family’s approach, which is a model for the opportunities in nurturing, caring, and providing for the 0-5 population well well-being they are as follows:

- Parental resilience
- Concrete support in times of need
- Knowledge of parenting and child development
- Social and emotional competence of children
- Social connections in larger community networks

The 5 Protective Factors framework can be found at: <https://www.cdss.ca.gov/ocap/res/pdf/StrengtheningFamiliesFactSheet.pdf>

**Funding Requirements and Expectations**

All interested are encouraged to apply to be considered for this funding opportunity community-based service organizations, school districts, family resource centers, parenting education providers, case management providers, parent support group providers, emergency needs providers, faith-based organizations, public and private agencies are all eligible to apply.



Proposers meeting the minimum requirements must attend a mandatory bidders conference to discuss funding requirements, expectations, and desired outcomes. In addition to the minimum requirements outlined in the RFP, the following specific and targeted program requirements apply.

<b>Funding Requirements</b>
<ul style="list-style-type: none"><li>• Must serve the 0-5 population and their families.</li><li>• Must participate in developing a countywide F5 Family Supports Resource Network.</li><li>• Must utilize evaluation tools approved by First 5 San Bernardino.</li><li>• Must utilize the 5 Protective Factors as a part of the service delivery approach.</li><li>• Must provide deliverables as stated in the contract with First 5 San Bernardino.</li><li>• Must demonstrate familiarity with the Social Determinants of Health.</li><li>• Must demonstrate familiarity with Trauma Informed Care approaches.</li><li>• Must demonstrate service deliverables utilizing the FSI Desired Practices.</li><li>• Must align with the mission of California Family Resource Association and the National Family Support Network.</li><li>• Must demonstrate willingness to collaborate with other organizations and providers that offer services to the 0-5 population in San Bernardino County.</li></ul>
<b>Project Restrictions</b>
<ul style="list-style-type: none"><li>• Cannot include capital improvements or renovation attached to private real property or the purchase of vehicles.</li></ul>