



CPR Lessons – 2025

Consider a CPR lesson to be prepared for the worst-case scenario. With more time spent in the water in the summer months, you can never be too prepared if your child – or another child – needs CPR attention. You can check low cost or free CPR classes available to you in San Bernardino County below:

Rancho Cucamonga or Ontario: Various Locations

CPR classes – American Red Cross

Please note these classes are available in multiple locations with in person and online options.

Dates: May 01 – 12, 2025 at various times

Anywhere: Online

Adult & Child CPR Anytime® Training Kit – American Heart Association

Infant CPR Anytime® Training Kit – American Heart Association

Heartsaver® Pediatric Course Digital Video – American Heart Association

Training Kits are available in English or Spanish

High Desert: Redeemer Church

CPR classes – Learn CPR 4 Life

Please note that these classes are also offered online

Dates: May 03 – June 28 at various times

San Bernardino: SMART Safety Office

CPR Classes – San Bernardino City Unified School District

Please note these trainings are offered to SBCUSD employees only

Dates: May 07, 14 and 21, 2025 at 4 p.m.

