Resource Guide
for children ages 0-5
Child Development Screenings

Screening, Assessment, Referral & Treatment (SART) services and Early Identification & Intervention Services (EIIS) is for children up to their sixth birthday who are in need of assessment and treatment related to social-emotional, developmental and mental health conditions; or who have been prenatally exposed to drugs and/or alcohol. For more information call County of San Bernardino Department of Behavioral Health (909) 387-7000

Breathmobile Asthma Screenings

The Arrowhead Regional Medical Center (ARMC) Breathmobile travels to participating sites to treat children with asthma, complete evaluation, examination, care plan and extensive patient-family asthma/bronchitis intervention education. The session is done on the first visit; follow-up visits are done to ensure the treatment plan is effective. Call for ARMC for the schedule (909) 498-6277

Footsteps2Brilliance Learning App

Footsteps2Brilliance is a free digital application for children in San Bernardino County to build early literacy skills by playing interactive games and building their own storybooks. Available in English & Spanish. Register for the App & Download Visit bit.ly/sbcfootsteps

Referrals

San Bernardino County 2-1-1 is a free referral service that will provide contact information for local programs and resources including housing, food, income, utility assistance, mental health, transportation and more. Available in English & Spanish. Dial 2-1-1 or Visit 211sb.org

Parenting Classes

Nurturing Parenting Classes assess family needs to reduce incidents of child abuse, improve parenting, family functioning and create healthy environments for optimal child development. Also includes parent-peer support component. Available in English & Spanish. Dial 2-1-1 or Visit bit.ly/first5forparents and Click “Programs”

Free Parenting Kits


Free Books & Guides

Visit the Kelly Torres Resource Center at First 5 San Bernardino’s office for free books, guides, and resources for children and parents. First 5 San Bernardino | 8:00AM-5:00PM Monday-Friday (Closed Holidays) 735 E. Carnegie Drive, Suite 150, San Bernardino, CA 92408

First 5 for Parents

For more programs, resources, and information for children ages 0-5 and their families, visit our website and follow us on social media. Visit bit.ly/first5forparents